

<b>Procedure:</b> Carpal Tunnel Decompression Local anaesthetic blockade of major nerve truck	<b>OPCS 4.3 Code:</b> A6510 A7350
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<p><b>Sets:</b></p> <ul style="list-style-type: none"> <li>Minor set (West retractor, McDonald Dissector, Cats Paw retractors x2, Addison's forceps, Small blunt curved dissecting scissors)</li> <li>Bipolar diathermy</li> </ul>	<p><b>Extras:</b></p> <ul style="list-style-type: none"> <li>Light handles (Amba Medical Ref: LH 100)</li> <li>10 ml syringe</li> <li>21G Green needle</li> <li>Disposafe Plus Sharps mat. (Amba Medical Ref. QF-1001)</li> </ul>	<p><b>Sutures:</b></p> <ul style="list-style-type: none"> <li>3/0 Ethilon 391 x1</li> </ul>
<p><b>Swabs:</b></p> <ul style="list-style-type: none"> <li>Small x 1</li> </ul>		<p><b>Pharmacy:</b></p> <ul style="list-style-type: none"> <li>10ml 0.5% Bupivacaine</li> <li>2ml 2% Lignocaine</li> </ul>
<p><b>Blades:</b></p> <ul style="list-style-type: none"> <li>15 x1</li> <li>Blade handle</li> </ul>		

**Prep:** Alcoholic Betadine

<p><b>Drape:</b></p> <ul style="list-style-type: none"> <li>Hand drape (Molnycke)</li> </ul>	<p><b>Dressings:</b></p> <ul style="list-style-type: none"> <li>Small primapore 9x15 cm x 1</li> <li>10 cm (4 inch) Velband</li> <li>10 cm (4 inch) Crepe</li> </ul>
<p><b>Table Set-up:</b></p> <ul style="list-style-type: none"> <li>Hand table</li> <li>Stool with wheels surgeon</li> <li>Stool scrub nurse</li> </ul>	<p><b>Theatre Set-up:</b></p> <ul style="list-style-type: none"> <li>Torniquet 250 mmHG– Velband underneath (exsanguination by elevation - Mr Hardy prior to surgery start)</li> <li>Supine position</li> <li>Diathermy machine</li> </ul>

**General Information:**

- Mr Hardy brings his own magnification
- Medical Students and guests observe from behind Mr Hardy